

RN Refresher Course

~A course for registered nurses who wish to update their skills
and enter the acute care, med-surg setting~

IMPORTANT: For Reference Only!
****2011 Course is closed****
**The 2012 RN Refresher Course information will be
available April, 2012.**

The Course: A 12 week course of theory and clinical instruction designed to refresh nursing knowledge and skills for working in the acute care setting. Areas of study include nursing process, health assessment, clinical skills, and clinical decision making.

Who Should Enroll:

- Registered nurses who have been away from acute care for no more than 10 years.
- Registered nurses or new grads who want to update their nursing skills to enter or re-enter the acute care setting.

Limited number of students accepted!

When: The course runs from September 1 through November 22, 2011.

- Orientation with the College of Mount St. Joseph will be Thursday, September 1, from 6:00 pm to 8:00 pm. Online learning, which includes in-person meetings at the Mount every Thursday from 6:00 pm to 9:30 pm, will begin September 15 and continue for six weeks.
- Clinical orientation at the hospital sites will be Monday & Tuesday, September 26 & 27, with clinical days starting Monday & Tuesday, October 3 & 4, and continuing for eight weeks with the last clinical day taking place on Tuesday, November 22.

Clinical days: Mondays and Tuesdays 7:00 am to 3:30 pm. *

Class meeting days: Thursdays 6:00 pm to 9:30 pm

*clinical times may vary slightly on occasion but all changes will be communicated

Where:

- Skills training class will meet weekly at the College of Mount St. Joseph, 5701 Delhi Road, Cincinnati, OH 45223 *A complete schedule with classroom dates, locations and parking details will be given prior to the start of the course.
- Clinical requirements will be fulfilled at the sponsoring hospital of the participant's choice (note: active state RN licensure required).



Sponsoring Hospitals:
St. Elizabeth Healthcare TriHealth

Cost: The cost of the course is \$1800.00, payable in two installments of \$900.00 each (first installment due at time of application, second installment due October 1, 2011)

Information/Registration Forms

For more information, contact
Greater Cincinnati Health Council
Sharon Trainer (513) 878-2856

Online: www.tristatenrc.org (click on "Education and Events")
or www.gchc.org under "Workforce Center" then "Tristate Nursing Resource Center" link.

Registration Deadline: August 1, 2011

Completed applications and payments should be sent to:
Greater Cincinnati Health Council, 2100 Sherman Avenue, Suite 100, Cincinnati, OH 45212
Attn: RN Refresher Course.

Sponsored by:



Creating connections. Improving care.

INFORMATION SHEET

RN REFRESHER COURSE

September 1, 2011 - November 22, 2011

orientation is September 1, classes begin September 15

Purpose:

- ✚ To provide an organized learning experience: designed, planned and evaluated to meet behavioral objectives.
- ✚ To update knowledge of current nursing theory and clinical practice and provide current information and instruction to the RN who wishes to re-enter nursing practice or refresh nursing knowledge or skills.

Course Objectives:

- ✚ Develop and apply current knowledge in the areas of nursing process, health assessment, clinical skills and clinical decision making required for nursing practice
 - ✚ Achieve experience in providing clinical care to patients with selected nursing needs.
 - ✚ Implement the Nursing Process in the coordination of adult medical-surgical patient care.
 - ✚ Communicate effectively with individuals, families and other members of the healthcare team.
 - ✚ Employ critical thinking to make competent decisions.
 - ✚ Exercise professional legal, ethical, social and political responsibilities.
 - ✚ Gain a renewed sense of self-confidence as a professional nurse.
- ✚ **IMPORTANT** *Completion of the Refresher Course does not ensure employment.
*College credit will not be obtained from completing this course.

Target Population:

- ✚ RNs who have been inactive for 10 years or less in the practice of nursing.
- ✚ RNs who want to update nursing skills to enter or re-enter the acute care medical-surgical setting.

Course Participant Requirements:

- ✚ Proof of active Ohio RN licensure if clinical site is TriHealth.
- ✚ Proof of active Kentucky RN licensure if clinical site is St. Elizabeth Healthcare.
- ✚ Participants must be able to commit to the classroom and clinical time requirements described in the course syllabus.
- ✚ Health insurance
- ✚ Professional liability insurance* (required by October 1, 2011)
*not required for TriHealth
- ✚ Statement of recent physical examination, within 6 months of start of program. (Physical Exam must include ability to meet physical requirements of clinical component)
- ✚ Proof of MMR, Hepatitis B
- ✚ Flu shot and results of a 2-step TB test within the last 12 months
- ✚ Proof of current CPR status (BLS) (required by October 1)
(contact Red Cross, local Fire Dept., NKEMS, or refer to www.tristatenrc.org under "Nursing Resources" for TriHealth CPR class information)
- ✚ Background Check from county & state of residence
- ✚ Computer access required
- ✚ Textbook purchase recommended

Cost: \$1800.00 (\$900.00 due with application, \$900.00 due October 1, 2011.)

*\$900.00 down payment held with application until class has been determined; promptly refunded to those not selected into the class.

Refund & Cancellation Policy: A refund of the \$900.00 down payment will be given if notification of cancellation is presented on or before August 25, 2011. After August 25, no refunds will be given.
*please note: \$900.00 down payment refunded to those not accepted into the class.

Time Frame:

The RN Refresher is a 12 week course (beginning with orientation on September 1) with 6 weeks of online learning including in-person skills training one evening per week and starting on October 3 & 4, clinical experiences two days per week for 8 weeks. The classroom meeting days are Thursdays from 6:00 pm – 9:30 pm at the College of Mount St. Joseph. Clinical days are Monday and Tuesday, 7:00 am – 3:30 pm at the hospital sites.*

**clinical times may vary slightly on occasion but all changes will be communicated*

Successful Course Completion Requirements:

Theory

- ✚ Complete the 6 week lab component (100% attendance)*
 - Attend and actively participate in all lab sessions
 - Pass the math calculation exam
- ✚ Complete all required on-line modules at a satisfactory level
- ✚ Maintain 70% average on course weekly quizzes online

*missed lab hours are required to be made up with a private instructor available at \$30/hr.

Clinical

- ✚ Must be passing the class successfully to enter clinical
- ✚ Evaluation and recommendation by clinical instructor
- ✚ Develop and apply current knowledge in the areas of nursing process, health assessment, clinical skills and clinical decision making required for nursing practice
- ✚ Completion of 94% of clinical hours -- complete 120 clinical hours at a satisfactory level

These requirements will be mutually evaluated on an ongoing basis with appropriate interventions as needed. Inability to complete these requirements results in failure of the course.

Theory Content:

- ✚ Patient care principles and systems review: systems and disease review, physical assessment, current therapy, documentation of the nursing process.
- ✚ Clinical topics: Infection control, fluid electrolyte balance, palliative care and pain management, skin/wound care, chemical dependency.
- ✚ Skill Lab experience: Medical-Surgical skill competencies to include: General physical assessment and practices related to patient safety and infection control.
- ✚ Professional issues: changing healthcare industry, legal and managed care, quality assurance and case management.

In-class meetings: 21 hours (3 ½ hours per week) of skills lab

On-line theory: approximately 20 hours per week of additional on-line preparation

Clinical - 128 hours:

- ✚ Clinical rotation: students will be assigned to a clinical instructor at the sponsoring facility under the supervision of the assigned coordinator.
- ✚ Each student is required to complete 94% of the scheduled hours.
- ✚ Application of theory will take place in one designated hospital (no rotation).
- ✚ Each student is expected to meet clinical requirements (e.g. required facility testing, satisfactory progress summary).

Classroom Location:

College of Mount St. Joseph
5701 Delhi Pike
Cincinnati OH 45223

Clinical Resources:

St. Elizabeth Healthcare
TriHealth -- Bethesda North Hospital, Good Samaritan Hospital

Faculty:

Primary Instruction Coordinator: Darla Vale, PhD, RN, CCRN
Clinical Instruction Coordinators: Deborah Faust, MSN, RN-BC
Catherine A. Jones BSN, CCRN, NE-BC

RN REFRESHER COURSE APPLICATION

PARTICIPATING HOSPITAL SYSTEMS' CLINICAL SITES:

****Please
check
preferred
Clinical Site****

____ **St. Elizabeth Healthcare**
One Medical Village Drive
Edgewood, KY 41017

____ **TriHealth**
619 Oak Street
Cincinnati, OH 45206

***PLEASE COMPLETE APPLICATION: Check preferred CLINICAL SITE and RETURN with \$900 DOWNPAYMENT (with \$900.00 to be due October 1, 2011) to:
GREATER CINCINNATI HEALTH COUNCIL, 2100 SHERMAN AVENUE SUITE 100, CINCINNATI, OH 45212
ATTN: RN REFRESHER COURSE**

Date _____

SS# _____

Last Name _____

First Name _____

M.I. _____ Prefix _____ (Mr., Mrs., etc.)

Address _____

City _____ State _____ Zip Code _____

E-mail _____

Home Phone _____ Cell Phone _____ Other _____

How did you learn of this course?

Hospital employee? _____

Web site? specify _____

Advertisement? specify _____

Job Fair? specify _____

Other? _____

NURSING EXPERIENCE Please complete **ALL** fields. *attach additional information as necessary

1. Start Date _____ End Date _____

Employer _____

City _____ State _____

Ending Job Title _____

Area of Specialty/Job Duties _____

2. Start Date _____ End Date _____

Employer _____

City _____ State _____

Ending Job Title _____

Area of Specialty/Job Duties _____

NURSING EDUCATION

School _____

City/State _____

Years Completed _____

Degree/Certificate _____

PROFESSIONAL LICENSURE/REGISTRATION/CERTIFICATION

State _____

Number _____ Date Issued _____

Expiration Date _____ Active Inactive Lapsed

State _____ Number _____

Date Issued _____ Expiration Date _____ Active Inactive Lapsed

COURSE REQUIREMENTS:

All copies must be submitted at time of application unless otherwise stated!

- Proof of RN Licensure:** active Ohio RN licensure if clinical site is TriHealth or active Kentucky RN licensure if clinical site is St. Elizabeth in Kentucky.
- Statement of recent physical exam,** within 6 months of start of program. (Use physical examination form provided herein).
- Proof of updated immunizations:** PPD (a **two-step** TB test is required -- a two-step TB test is actually 2 TB tests and 2 results; must be within the last 12 months), current Flu shot, MMR (documentation if born after 1957), and Hepatitis B series or signed waiver. (Copy must be provided).
- Proof of Health Insurance**
- Background Check** from your county & state of residence
- Proof of Professional Liability Insurance** needs to be presented to St. Elizabeth Healthcare **by Friday, October 1, 2011** (contact NSO at www.nso.org or call 1-800-247-1500 or consult your homeowner's policy).* (see below)
- Proof of current CPR status (BLS) *must be submitted by October 1, 2011.**
(contact Red Cross, local Fire Department, NKEMS, or refer to www.tristatenrc.org under "Nursing Resources" for TriHealth CPR class information)

IMPORTANT:

- Participants must be able to commit to the didactic, skills and clinical requirements as described in the course syllabus.
- Participants must have computer access
- Textbook purchase recommended

*Professional Liability Insurance not required for TriHealth.

RN REFRESHER COURSE PHYSICAL EXAMINATION

NAME	AGE	SEX
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(Examiner: Please check appropriate box after each category)

	NORMAL	ABNORMAL	COMMENTS
ENT			_____
EYES			_____
NECK			_____
CHEST			_____
LUNGS			_____
HEART			_____
ABDOMEN			_____
HERNIA			_____
VARIICOSITIES			_____
UPPER EXTREMITIES			_____
BACK			_____
LOWER EXTREMITIES			_____
PSYCHOLOGICAL			_____
<u>IMMUNIZATIONS</u>			
PPD (2 step TB)			DATE #1: _____ RESULT: _____ DATE #2: _____ RESULT: _____
MMR (documentation if born after 1957)			DATE: _____
HEPATITIS B			DATE: _____
INFLUENZA			DATE: _____

This individual is able to meet the physical demands (i.e. Activity, Lifting or Mobility) of clinical experience ___ Yes ___ No

Other Comments: _____

Signature of Examining Physician

Date